

Freedom FOCUS

September-October 2009

NEWSLETTER

“...to turn them
from darkness
to light...”

www.indianabcc.com

Breaking Free from the Curse of Rejection

“*The Spirit of the LORD God is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord’s favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit, that they may be called oaks for righteousness, the planting of the LORD, that he may be glorified.*” (Isaiah 61:1-3)

Rejection breaks hearts. The wounds it inflicts go down deep into a person’s soul. Satan uses rejection to harm people through lies that damage a person’s sense of belonging. If not addressed its impact becomes destructive in a person’s life.

God created us to belong to someone. He gave us the need to feel loved and accepted by others. We experience joy in our lives when the people closest to us take joy in our existence. Consequently, one of life’s greatest pains occurs when the people who are supposed to love us unconditionally fail to love and accept us for who we are.

I define rejection as the forsaking or neglecting of another person for *who* he is as a human being and refusing to accept his significance and value as one created in the image of God. In Matthew 5:21,22 Jesus takes a very hard stand on the sin of rejecting another person. “*You have heard that it was said to those of old, ‘You shall not murder, and whoever murders will be in danger of the judgment.’ But I say to you that whoever is angry with his brother without a cause shall be in danger of the judgment. And whoever says to his brother, ‘Raca!’ (fool, worthless)*



shall be in danger of the council. But whoever says, ‘You fool!’ shall be in danger of hell fire.”

When rejection enters a person’s life, he is denied love, security, acceptance, and significance. The source of rejection can come from a variety of relational combinations and many times is repeated. Sources may include the parent-child relationship, our spouses, our family members, other Christians, and people we work with.

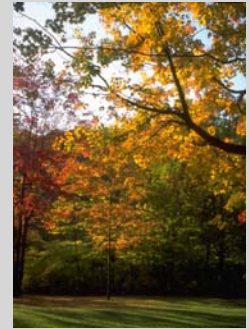
The impact of rejection in someone’s life can be seen by how they treat the people around them and how they relate to God. People who have experienced rejection are left emotionally immature and have difficulty receiving or giving love. Many times they turn to addictions to block their pain. They are often isolated, and their sense of belonging is damaged. They often have a hard time trusting both people and God.

I believe that Satan has three goals regarding a person’s rejection. He wants that person to:

1. Have a victim mentality.
2. Be angry at God.
3. Remain trapped in the pain.

To break free from the crippling wounds of rejection, it is crucial that we return to the truth of who God says we are. Over and over again, the

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IBCC Fall Praise Banquet

The 2009 Fall Praise Banquet is just around the corner!

Please join us for a special evening of celebrating what God is doing in the lives of individuals and families through this ministry.

Date:

Friday, Nov. 13, 2009

Time: 7:00 p.m.

Cost: \$10 per person

Location:

Indianapolis
Training Center
2820 N. Meridian Street
Indianapolis, IN 46208

Contact our office now
at 317-585-1845
to reserve a seat.
We hope to see you
there!

Breaking Free from the Curse of Rejection, *cont.*

Scriptures prove to us that we are created by God and belong to Him:

Ephesians 1:5,6 “having predestinated us to the adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, to the praise of his glorious grace, by which He made us accepted in the beloved”

Psalm 27: 11 “Though my father and mother forsake me, the LORD will receive me. Teach me your way, O LORD; lead me in a straight path because of my oppressors.”

Each year dozens of people who have been impacted by rejection come to our office for counsel. Many find hope and healing. The following steps need to be taken to resolve rejection in a person's life:

- Acknowledge the impact of your wound and grieve the loss. Accept the loss as a part of something God can use for good in your life. (Rom 8:28)
- Forgive those who have wounded you. (Eph 4:32)

- Release all rejection, pain and anger to Christ and ask Him to heal your heart. (Is 61:1)
- Replace the lies from your pain with the truth of God's Word. (John 8:32)
- Accept the fact that you are accepted in the Beloved. (Eph. 1)
- Discover your identity in Christ. (Col 2:7-10)
- Build healthy, life-giving relationships with others. (1 John 1:4)

May we place our trust in God and receive the truth that we are loved by Him and belong to Him. He is the God who has given beauty instead of ashes, oil of gladness instead of mourning, a garment of praise instead of a faint spirit, that we may be called oaks for righteousness, the planting of the Lord, that He may be glorified!

For more information on this subject, we invite you to download Rev. Pokone's message entitled *Breaking Free from the Curse of Rejection*, available at www.indianabcc.com/family_series.htm.

Ministry Support Update



We are grateful for God's continued provision through His people, and we have been encouraged by those of you that have continued to support this ministry in spite of difficult financial times. In our

recent request for financial support we received many encouraging notes and have had donations close to \$9,000.00 come into our office!

For over twelve years the ministry of Indiana Biblical Counseling Center has been committed to the ministry of helping individuals, marriages, and families find freedom and healing by addressing the root issues in their lives. We have done this through...

- Hundreds of hours of discipleship counseling each year in our office, with an average of 40-50 ongoing counselees.
- Developing a CD series entitled “Biblical Principles of Building a Strong Family” which has been a great help to many.
- Teaching several seminars in the past year to help families and individuals who are interested in ministering to hurting people.
- Emailing a weekly devotional that has been an encouragement to many.
- Finally, we have added many new free resources that can be accessed from our website. I have been told that has been a blessing and help to numerous people.

We strongly believe that we are called by God to continue to help people in their spiritual battles. However, like many families and ministries we are now being impacted by the recession that our country is in. We fully recognize that your own current economic situation may be serious as well.

As we enter the final quarter of 2009 we are still in need of financial support. We desire to make known to you our financial needs and ask that you would prayerfully consider what the Lord would have you do to support IBCC. If IBCC has been a blessing to you or someone you care about, here are a few ways you can help support us now.

- Give a one time donation in 2009 to help with our shortfall.
- Become a monthly partner in supporting IBCC with a regular financial gift. .

Whether or not you can give financially, we covet your prayers and hope you will continue to refer people to this ministry. Also, please mark your calendar and attend the Fall Praise Banquet on November 13th, 2009.

~In Memoriam~

We express our condolences to the family of Jim Gaskill, who went to be with the Lord on June 28th, 2009. Jim was a long-time servant of the International Center for Biblical Counseling and Deeper Walk. He played a very important role in helping establish the ICBC office of Indiana in its beginnings. We here at IBCC will miss him greatly. We ask that you would pray for his wife Candy and family as we enter this holiday season.