Understanding Your Identity in Christ

Ephesians 1:3-13

Read the following passage of Scripture, inserting your name to personalize these verses.

"3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed
in Christ with every spiritual blessing in the heavenly places, 4 even as he
chose in him before the foundation of the world, that
should be holy and blameless before him. In love 5 he predestined for
adoption as [a child] through Jesus Christ, according to the purpose of his will, 6 to the
praise of his glorious grace, with which he has blessed in the Beloved. 7
In him [has] redemption through his blood, the forgiveness of
's trespasses, according to the riches of his grace, 8 which he lavished upon
, in all wisdom and insight 9 making known to the mystery
of his will, according to his purpose, which he set forth in Christ 10as a plan for the
fullness of time, to unite all things in him, things in heaven and things on earth. 11In him
[has] obtained an inheritance, having been predestined according to the
purpose of him who works all things according to the counsel of his will, 12so that
who [was] the first to hope in Christ might be to the praise of his glory.
13In him also, when heard the word of truth, the gospel of
salvation, and believed in him, [was] sealed with the promised Holy
Spirit."
1. How do you feel these truths apply to you?
2. Are you able to internalize and receive how this passage applies to you? Why or why not?
3. What passage do you personally relate with most?

Rev. Jeffrey Pokone, has been a Biblical counselor and Center Director with the Indiana Biblical Counseling Center since 1998. He counsels in the following areas; marriage, trauma and abuse, sexual addictions, spiritual conflicts, and relationships. Jeff has been married for over 30 years to his wife Suzette and has five adult children.

© The Indiana Biblical Counseling Center https://www.indianabcc.com/