

## Living in Christ

There would be no need for counseling except for the damage caused by sin. When we believe in Jesus Christ as our Savior, we have redemption. We are transformed by the Word of God and The Holy Spirit in overcoming the impact of sin in our day to day lives. For Christians to grow they need to know who they are in Christ. Living in Christ is achieved by learning to live from the new heart Jesus gives us, repenting of sin, finding healing from past wounds, and loving God and others. We believe discipleship counseling can help in this process.

1. Personally know Christ as Savior and Lord.
  - John 3:1-21
  - Romans 3:21-26
  - Romans 10:5-13
  - Mark 8:34-38
2. Understand the reality of what it means to be “in Christ”
  - Ephesians 1:3-14
  - Colossians 2:6-15
  - Romans 8:1-11
  - Colossians 3:1-3
3. Understand the reality of your “new self” in Christ.
  - 2 Corinthians 5:17
  - Ephesians 4:20-24
  - 2 Peter 1:3-4
  - Romans 6:4-5
  - Colossians 3:10
4. Understand how to live out of your “new self” in loving God and others.
  - Galatians 2:20-21
  - Galatians 5:13-18
  - Matthew 25:36-40
  - Romans 13:8-10
  - 1 John 4:7-12
5. Address sin and the flesh patterns that get in the way out of living out of your “new self.”
  - Colossians 3:5-17
  - Galatians 5:19-26
  - 2 Peter 1:5-11
  - Romans 8:12-17

6. Healing from the impact of the wounds in your life.
  - Psalm 147:2-3
  - Isaiah 61:1-4
  - Psalm 27:10
  - 2 Corinthians 6:18
  - Job 5:18
  - Colossians 3:12-15
7. Healthy relationships in marriage, family, and church community.
  - 1 John 4:3-4
  - 1 John 4:15-21
  - Ephesians 5:22-33
  - 1 John 5:1-2
  - 1 Peter 3:1-12
8. Disciple others.
  - 2 Corinthians 5:11-21
  - John 15:16
  - Ephesians 4:16
  - 2 Timothy 2:2
  - 1 Peter 2:9-10
  - Titus 2:1-8

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