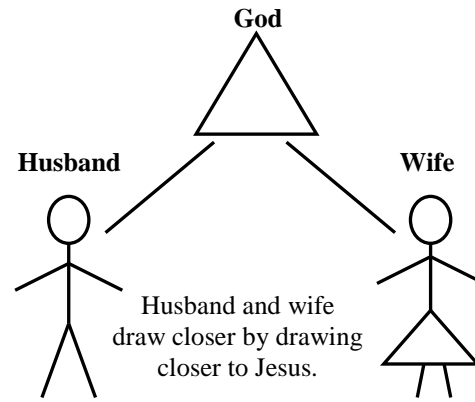
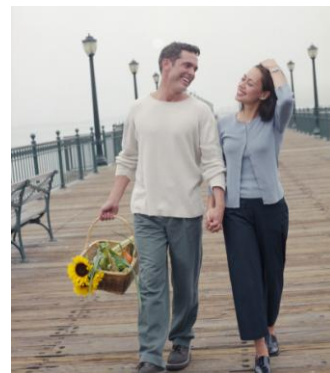


Developing Spiritual, Emotional, and Physical Intimacy

Spiritual intimacy is achieved by sharing from your heart what Jesus Christ is doing in your life. What is he teaching you? Revealing to you? How is he changing you?



Emotional intimacy is achieved by sharing from your heart what you enjoy. You are able to talk about what brings joy to your heart. You enjoy doing activities together. You talk about common interests. You share emotional difficulties and support one another.



Physical intimacy is created in an atmosphere of romance. It begins with valuing the person for who they are and is nurtured through affection. There is a romantic pursuit by the husband and a desire from the wife to be seduced.

